

2010 Scheme

QP CODE: 203003

Reg. No.

Second Professional B.A.M.S (Part I) Degree Supplementary Examinations July 2021

Swasthavritta – II

Time: 3 hours

Total Marks: 100

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*
- *Draw table/diagrams/flow charts wherever necessary*

Essays

(2x10=20)

1. Write the definitions of yoga and explain Ashtanga yoga.
2. Define family planning and explain the methods of family planning.

Short notes

(10x5= 50)

3. Role of Yoga Pratibandakara bhava'sand Yoga Siddikara Bhavas in attaining Moksha
4. Pathya and Apathya Ahara during Yoga Abhyasa
5. Relation and similarity between Ayurveda and Naturopathy
6. Explain in detail about Practice of Vamana Dhauti
7. What is Demography and its cycle
8. Elements of Primary Health Care.
9. What is Hydrotherapy and explain about spinal bath
10. Reproductive and Child Health Programme
11. Importance and types of fasting
12. Aims and objectives of Nature Cure

Answer briefly

(10x3= 30)

13. Asana indicated in hypertension
14. What is drug and drug abuse according to WHO
15. Chromo therapy
16. Alma – Ata Declaration
17. What is Pulse Polio Program
18. Explain about DOTS
19. Classification of data
20. Maternal mortality rate and still birth rate
21. Universal immunization programme
22. Child health problems
